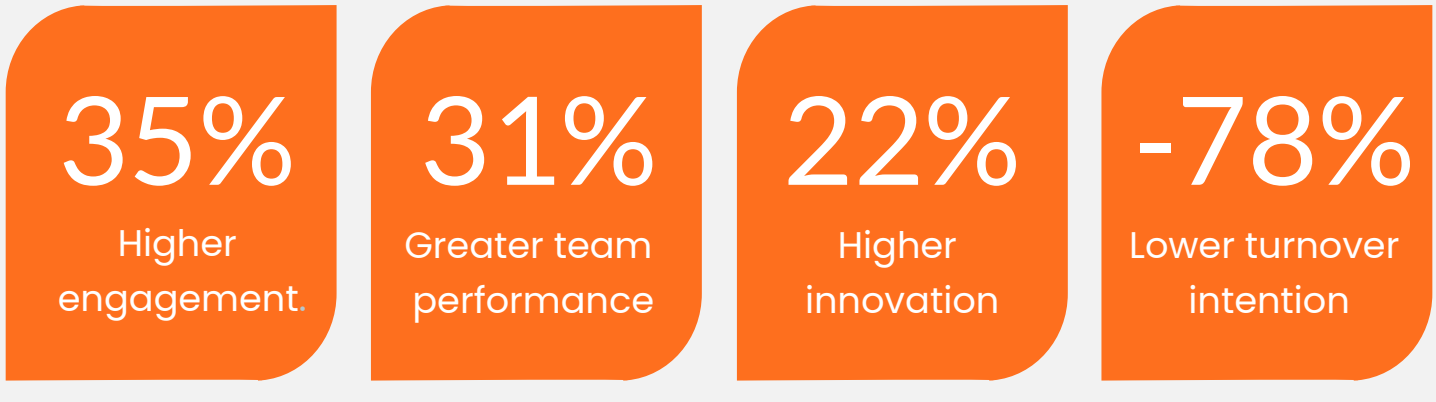


Fast Track Resilience Building

The business benefits from investing in workforce resilience is clear



How resilient is your team?

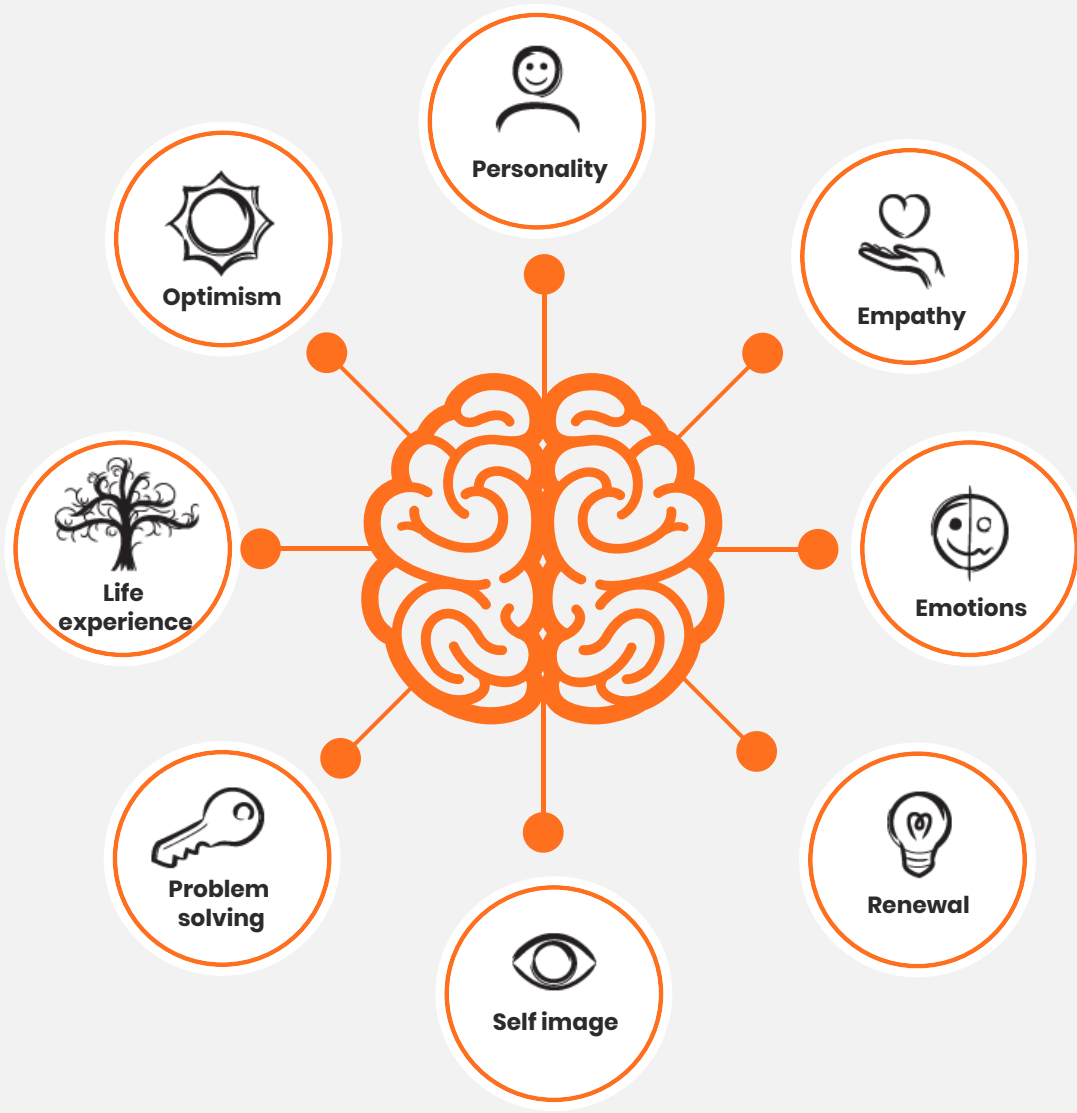
TAKE ACTION:

Take resilience out of the mystery box

Resilience can be reliably measured and indexed. Get an understanding of how resilient your team is today, and continuously pulse to track growth over time.

WOOSH5 is a market-leading resilience building solution designed for senior leaders, managers, and individual contributors. It integrates a powerful, science based assessment with high impact 90 Day Development Treks. WOOSH5 accelerates the development of critical skills in 8 resilience dimensions to create measurable career and business impact.

8 Dimensions to build workforce resilience



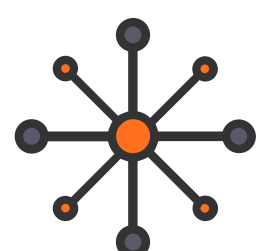
How WOOSH5 improves performance & engagement



Science



E-coaching



Technology

Five-Step Integrated Solution

Anchored in cutting-edge research, WOOSH5 is built on the core logic that resilience is the primary enabling skill for achieving sustained high performance. As confirmed by 5 years of research resilience is an essential requirement for teams and organizations to effectively deal with change and uncertainty.

Assess	Interpretation of results	90-DAY Trek	Unlimited E-coaching	Re-assess & progression
<ul style="list-style-type: none"> Registration Self-Assessment 	<ul style="list-style-type: none"> Kick-off Interpret scores Start your Trek 	<ul style="list-style-type: none"> Daily online micro-learning activities Triggers & toolbox to keep you motivated 	<ul style="list-style-type: none"> Unlimited E-coaching Group coaching calls (optional) 	<ul style="list-style-type: none"> Re-assess Measure progression & business impact

Keep your team feeling and performing their best